



New York Center for Jungian Studies
Seminars and Study Tours in Extraordinary Settings

MYTH, MUSIC & MYSTICISM

A Study Tour to the Cuba Less Traveled

January 5 – 11, 2020

Program Overview

The heritage of Cuba is rich and multilayered; it is an amalgam of African, Caribbean, Spanish, and American culture. Strongly influenced by these diverse cultures, the archetypal aspects of Cuba—from its unique form of spiritual practices to its rich musical traditions and exotic setting—make this country a wonderful place to explore our theme and enjoy what promises to be a very special program.

The New York Center for Jungian Studies is pleased to present a unique educational program to be held in Cuba with the aim of understanding more about Cuba’s creative and resilient culture and fostering dialogue and interaction with local artists, musicians, and professionals.

We invite you to join us and experience the wonderfully diverse music, spirit, and culture of Cuba! Travel with a prominent expert, an experienced guide, and a Jungian analyst to Santiago de Cuba, Guantánamo, the coastline, and beyond.

Our study/tour will be traveling to Cuba under the auspices of an approved Treasury Department license so that participants will feel comfortable that our itinerary is being planned accordingly: it is a professional, educational, and cultural program that meets the criteria for Americans traveling to Cuba. Nevertheless, to enjoy this trip, it is important that participants not only have a sense of adventure and interest but also be flexible and open to the possibility of changes in the itinerary as we go along.

Tentative Daily Itinerary*

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*Please note: daily schedule
subject to change.

Sunday, January 5

Depart Miami for Holguín; board waiting coach for Santiago; upon arrival, check in to Meliá Santiago, the best hotel in Santiago. Upon arrival, rest, relax, and enjoy the hotel's amenities. Lunch on our own at one of the hotel's restaurants.

4:00 p.m. Monika Wikman presentation: *Alive! Archetypes of the Ecstatic in Afro-Cuban Culture*

5:30 p.m. Break for tea and refreshments

6:00 p.m. Ev Mann, overview of our trip; and introductions

7:30 p.m. Opening dinner at our hotel (included)

Monday, January 6

Morning: Walking tour of Santiago city center, including a visit to the Emilio Bacardi Museum. Following lunch on our own, enjoy a musical performance of Cuban music and dance by the renowned Afro-Cuban troupe Ballet Folklórico Cutumba de Santiago de Cuba. Return to the Meliá Santiago by late afternoon; or stay in Santiago to continue browsing, shopping, and/or exploring the city on our own.

Evening: Presentation by Ev Mann: *To a Dancing God: The History of Afro-Cuban Religion in Cuba*, followed by dinner at one of Santiago's leading paladares (included).

Tuesday, January 7

Tour of Castillo del Morro (El Morro Castle), situated on a promontory overlooking Santiago Bay, before taking a boat ride to Cayo Granma—a short ferry ride away—where we will enjoy a lunch (included) and a picturesque view of the island before returning to our hotel.

Evening: Presentation by Monika Wikman: *Afro-Cuban Visionary Artist Manuel Mendive: His Life and Work*, followed by dinner on our own.

Wednesday, January 8

Day trip to Guantánamo, including walking tour of city center and performance of Tumba Francesa, a unique genre of Afro-Cuban dance, song, and drumming that emerged in Oriente, Cuba. Following lunch (included) and a performance of Cuban music by one of Cuba's outstanding bands, visit the Stone Zoo, a fascinating stone sculpture garden that is a national cultural monument. Return to Santiago in time for dinner on our own.

Thursday, January 9

Morning: Presentation by Monika Wikman, *The Archetype of the Black Madonna and Oshun in Afro-Cuban Culture*, and a visit to the shrine of La Caridad del Cobre (Black Madonna). Following a tour of the shrine and church housing the Black Madonna, a demonstration by Voces de Milagro, a syncretist religious group based in the village.

Return to hotel; or, for those who prefer, late lunch and time to meander about Santiago. Lunch and dinner on our own.

Friday, January 10

Early-morning departure for Holguín, arriving in time for lunch (included).

Afternoon free to relax and enjoy the scenic coast and hotel's amenities.

Evening presentation by Monika Wikman: *Yemaya and the Ocean*; closing meeting and wrap-up followed by dinner at our hotel (included).

Saturday, January 11

Depart for U.S.



Faculty



Monika Wikman, PhD, is a Jungian analyst and astrologer. Author of *Pregnant Darkness: Alchemy and the Rebirth of Consciousness*, she has contributed articles and poems to

numerous publications and has coauthored an award-winning screenplay, *Rites of Passage*. A graduate of the Jung–von Franz Center for Depth Psychology in Zurich, Dr. Wikman has a private practice in Tesuque, New Mexico, and in Gaviota, California, and lectures and leads workshops internationally on mythology, dreams, wellness, alchemy, and creativity. Along with her partner, Tom Elsner, she hosts a nonprofit project under Earthways.com, the Center for Alchemical Studies.



Evry Mann, MA., is a percussionist, composer, and writer who holds a master’s degree in music composition. Founder of the Center for Creative Education, he was an artist-in-

residence with the Instituto Nacional de Bellas Artes in Mexico for six years and has led more than 50 trips to Cuba to study music, dance, and visual art. Author of the section on Music and Nightlife in Havana for the *Time Out* guidebook, he studied traditional African music in Mali and Senegal and has worked extensively with the Ballet Folklórico Cutumba of Santiago de Cuba.

Accommodations



Meliá Santiago

Located a short distance from the historic center of Santiago de Cuba, the five-star Meliá Santiago is considered the best hotel in the city. Its spacious rooms are attractive and large, and many feature excellent views of the city. The hotel’s amenities include several restaurants and a splendid outdoor swimming pool. It will provide a perfect base for us to explore Santiago de Cuba and the outlying area



Paradisus Rio de Oro, Holguín

An all-inclusive, luxurious beachfront resort and spa, with swimming pools, gardens, and outdoor jacuzzis. Its spa has won several World Travel Awards, and its location on the beach offers a respite from the bustle and pressures of everyday life.

Program Details

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Program Cost:

\$3,850. A deposit of \$750 per person is due upon registration. Single supplement (\$700); Cuban visa (\$80) and gratuities (\$150) additional.

Includes:

- Round trip, Miami–Holguín
- Round-trip transfer by coach from Holguín to Santiago and from Paradisus hotel to Holguín airport
- Six nights' accommodations at deluxe hotels
- Three lunches and three dinners
- Group transportation via deluxe, air-conditioned coach.

To reserve your place, please complete the reservation form and return with a deposit of \$750 per person. Balance in full due September 2, 2019.

Insurance

Participants are strongly urged to purchase travel insurance for losses necessitated by having to cancel participation due to health issues. For your convenience, insurance forms will be sent upon registration or consult your own agent. Please contact our office at 845.256.0191 for more information.

Credits and Certificates

For the Jung in Cuba program, 10 CE credits for psychologists, as well as for LCSW and MFT credits for California, will be provided by the Spiritual Competency Resource Center, which is cosponsoring this program with the New York Center for Jungian Studies. The Spiritual Competency Resource Center is approved by the American Psychological Association and the California Board of Behavioral Sciences to sponsor continuing education credits. The Spiritual Competency Resource Center maintains responsibility for the program and its content.

In addition, 10 CE credits for NY State Social Workers and Licensed Psychoanalysts are expected to be available through NAAP (National Association for Advancement of Psychoanalysis). NAAP maintains responsibility for the programs and their content as well. Full attendance is required at each presentation to receive credit.

APA credits will be issued at a cost of \$50 per certificate; NAAP credits at \$35. Certificates of attendance available at a cost of \$10 per certificate. for more information.

Registration Information

How to register

Online: nyjungcenter.org

Mail: Fill out this registration form and mail with your check or credit card information to:

New York Center for Jungian Studies
27 North Chestnut Street
New Paltz, NY 12561

Fax: Fill out this registration form and fax with your credit card information to: **845.256.0196**

To register by telephone, call our office, **845.256.0191** Monday-Friday, 10am-5pm

Participation: Open to the general public as well as mental health professionals. No prerequisites are required. Program limited to 40 participants. The program will entail considerable walking, including uneven terrain and unavoidable stairs. Participants need to be in active, good health, able to keep up with the group, and ready to travel and experience cultural differences with grace. All rights reserved to ask a participant to leave who is disruptive to the program. If you have any questions call please call our office at 845.256.0191.

Changes: All rights are reserved by the Program Directors to make faculty substitutions and/or to modify the itinerary (including hotels) as needed.

Cancellations: Deposit is refundable, less \$275 administrative fee, if request is received on or before June 15, 2019. All cancellations must be received by the New York Center for Jungian Studies in writing. Cancellations June 16–September 1, 2019: 50% after deposits; **no refunds after this date.**

Disclaimer of Responsibility

By registering for any New York Center for Jungian Studies program participant specifically waives any and all claims of action against the New York Center for Jungian Studies and its staff for damages, loss, injury, accident, or death incurred by any person in connection with these programs. The New York Center for Jungian Studies and its respective employees assume no responsibility or liability in connection with the service of any coach, train, vessel, carriage, aircraft, or other conveyance, which may be used wholly, or in part, in the performance of their duty to the passengers. Neither will the New York Center for Jungian Studies be responsible for any injury, death, loss, accident, delay, or irregularity through neglect or default of any company or person engaged in carrying out the purposes for which tickets, vouchers, or coupons are issued, or monies collected. No responsibility is accepted for losses or expenses due to sickness, weather, strikes, wars, and/or other causes. In the event it becomes necessary or advisable for any reason whatsoever to alter the itinerary or arrangements, including faculty and/or hotel substitutions, such alterations may be made without penalty.

Registration Form

CONTACT INFORMATION

Name _____

Address _____

75 _____

City _____ State _____ Zip _____

Email address _____

Phone number _____ Cell phone number _____

PARTICIPANT NAMES:

FLIGHT ARRANGEMENTS

- I will make my own flight arrangements
- I would like help in making flight arrangements and will contact the New York Center for Jungian Studies office at 845.256.0191 or e-mail contact@nyjungcenter.org

HOW DID YOU HEAR ABOUT US?

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- I am registering now. My deposit of \$750 per person is enclosed
- I prefer a single room (single-room supplement \$700)
- I will share a room with: _____

DEPOSIT

Please charge \$_____ to my:

- MasterCard Visa American Express

_____ cardholder's name

_____ card number

_____ exp. date: mo/yr validation code

_____ signature

Please send your non-refundable deposit by mail or fax.

MAIL

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FAX 845.256.0196

TELEPHONE 845.256.0191; Monday-Friday, 10am-5pm

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